

Materials List

Toscana Americana Workshops

Travel Journal Workshop with Janet Fredericks

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These materials can be found at your local art supply store or on-line. Dick Blick (www.dickblick.com) in the US is a reliable supplier of materials on-line. There is a small art supply store in Cortona. Let's pack light for comfort and ease of movement. All these supplies should fit into a small backpack or shoulder bag.

- ***Sketchbook**: Choose a sketchbook that will take watercolor (multi-media) and can open flat. Bring your favorite or choose from **Moleskine**'s hardcover sketchbook and watercolor notebook in various sizes (I like the 8 x 5", \$17). **Holbein** makes a multi-media sketchbook that is 9 x 7" (\$14) and another larger 11 x 9 1/2" (\$16). **Bee Paper/Aquabee** makes a 9 x 9" or 9 x 12" multi-media spiral bound book (\$14).
- ***Pens**: Micron, ZIG, or similar pens (brown and/or black) in fine 01, 05 and larger sizes. You can buy a set of 4 various sizes in sepia (\$9) and a set of six black pens in various sizes (\$13). Individual pens in brown, black, and sepia are about \$2 each.
- ***Pencils**: #2 and #6 pencil and a charcoal pencil (\$1-3).
- ***Eraser**: kneaded soft and hard white eraser (\$50).
- ***Pencil sharpener**: small with a plastic container to hold shavings (could be a zip bag)
- ***Watercolor kit**: (**Sennelier** makes a set of half pan colors (\$20) and **Windsor Newton** make "sketcher set of 6 Half Pans colors (\$35).
- ***Brushes**: Brushes can be expensive. Just find a fairly good small "mop" brush for broad strokes and a finer one for making lines. Isabey makes an excellent but pricey all-purpose brush: <https://www.dickblick.com/products/isabey-pure-squirrel-mop-pocket-brush/> (\$38). If you get this dual purpose brush, you won't need another.
- *Small plastic **container to hold water** for brushes (a tight-capped plastic pill container work well).
- *A set of **watercolor pencils (\$10-20)**.
- Blank watercolor postcards** to send to friends and family: **Fabriano (\$10)**. Optional.
- ***Collapsible stools** will be provided.
- ***Sun hat and sunscreen**
- ***Water bottle**
- Several sheets of absorbent **paper towel**
- Any favorite drawing materials